UK Broker Data Export Cheat-Sheet

How to get your transaction history out of every major platform — the exact clicks, the file you'll get, and the trap to avoid. Keep one export per tax year, forever: it's your HMRC evidence trail.

BROKER	EXPORT PATH	FORMAT	QUIRKS & LIMITS
Trading 212	`Menu ≡ → History → export icon → tick data types → set range → Export CSV`	CSV	**Max one calendar year per file** — long histories need one export per year. Pies export as fractional orders. ISA & Invest both included — never blend their cost bases.
eToro	`Portfolio → History (clock icon) → Account Statement → date range → download`	XLSX	**No native CSV** — Excel file with multiple sheets. Everything in USD with per-trade FX. CFD rows sit next to real stocks. Convert via Excel/Sheets → Save as CSV.
Hargreaves Lansdown	`Select account → Transaction history → date range → Download as CSV`	CSV	**Prices in pence (GBX)** — 1,234 means £12.34. One export per account (ISA / SIPP / Fund & Share): three accounts = three files.
AJ Bell	`Log in → account → Transactions / History → export`	CSV	Per-account exports (ISA / SIPP / Dealing). Check the currency column on UK lines — pence appears here too.
Interactive Investor	`Log in (web) → Portfolio → Transaction history → download icon`	CSV	**Web only** — the app can view but not download. Per-account exports. Long fund names — match by ISIN/SEDOL where shown, not by name.
Freetrade	`App → Activity tab → download icon → All Activity`	CSV	Saves straight to your device. **Transfers from other providers aren't included** — keep monthly statements (PDF) as backup. Fractional US shares have many decimals — don't round.
Vanguard UK	`Log in → Documents → Report generator → Client transaction listing → Generate`	XLSX	**No direct CSV** — an Excel file (all accounts, full history) lands in your Documents. Accumulation units pay no cash but their dividends are still taxable in a GIA.
Interactive Brokers	`Performance & Reports → Flex Queries → create query → run`	CSV	Flex Queries run **~one year at a time** — repeat per year. Set date format and time zone in the query before running.

1,234p = £12.34

The pence trap: UK-listed shares are often quoted in pence (GBX). Pasting them into a spreadsheet as pounds silently inflates values 100×. Always check the currency column before you sum anything.

1 · One file per tax year, kept forever

Your broker doesn't report your trades to HMRC for you — your exports are the evidence trail behind every CGT figure you file, years later if asked.

2 · Never blend wrappers

ISA gains are tax-free; GIA gains feed capital gains tax. Mixing their cost bases corrupts both.

3 · Re-export quarterly

Small, regular exports beat one giant year-end reconstruction — and catch broker changes early.

4 · The file is records, not tax math

CGT needs same-day / 30-day / Section 104 matching across ALL brokers — a job for a dedicated calculator, not a quick spreadsheet sum.